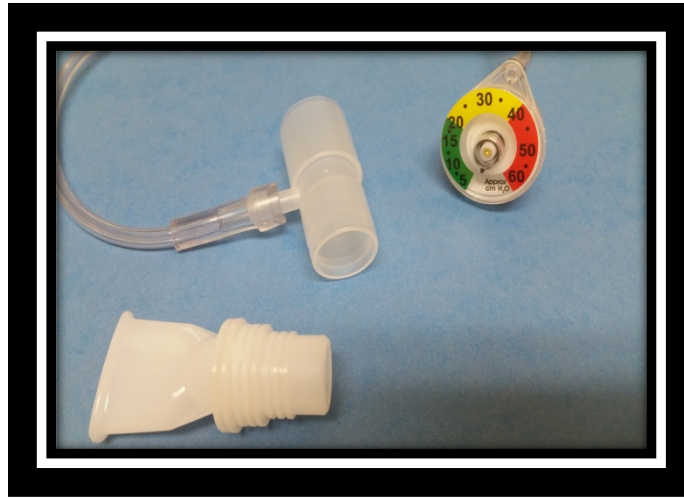


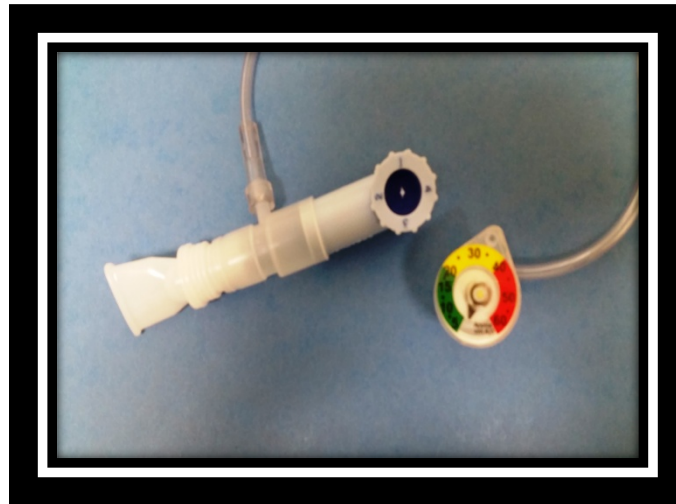
Respiratory Muscle Trainer(RMT) Accessories Kit

All are single patient use and latex free.



What is included: a. Mouthpiece, b. 22mm connector, c. tubing (and 1 replacement tubing), d. 0-60 manometer

(The Breather[®] respiratory muscle strength trainer is sold separately)



- Connect one end of the tubing to the port on the 22mm adapter and connect the other end to the manometer.
- Place the mouthpiece on the connector and attach to The Breather[®] by removing the blue mouthpiece.
- The manometer dial will be activated on exhalation.
- Record the highest number the dial moves to. This is your target for training.
- Try to attain at least 70% of your target with each exhalation.
- **Cleaning:** Non-detergent soap + warm water. Air dry. Clean or change tubing as needed
- **Keep small parts away from children**

Follow instructions provided by the manufacturer of The Breather[®] or other RMT device you are using.

Consult your therapist for additional training suggestions.

Learn more: www.voiceaerobicsdvd.com